ST CLAIR COUNTY HEALTH DEPARTMENT ALGONAC COMMUNITY ADVISORY COUNCIL MEETING MINUTES March 12, 2024

ATTENDED:

Stephanie M. – Staff Ryan M. – Staff Al L. – Staff Pauline L. – Staff

Dave L. - Staff

Alyssa S. – ST CLAIR COUNTY HEALTH DEPARTMENT- SCHOOL BASED CLINICS, RN Holly H. – ST CLAIR COUNTY HEALTH DEPARTMENT- ALGONAC, NURSE PRACTIONER

Emma G. - ST CLAIR COUNTY HEALTH DEPARTMENT, ALGONAC, CLERK

I. Welcome and Introductions

- a. Meeting started at 4:06pm.
- b. Sign in and introductions.

II. Approval of Agenda

a. Agenda approved without revisions.

III. Business

- a. Reintroduction to clinic and services
 - i. Some staff joining the meeting today have not seen the clinic so tour was offered post meeting.
 - ii. Summary of services was briefly discussed. (attached PPT for clarification in minutes)
- b. Introduction of Nurse Practitioner & Staff
 - i. Holly introduced herself and we clarified days and hours of operation to clinic. Holly elaborates on services to clinic she has all supplies waiting on a few from order to perform all services. Alyssa states if needed we can use alternate supply if appointment or need arises.
 - 1. Tuesday- Thursday 7:30am-4:00pm (attached getting to know staff for clarification in minutes)
 - ii. Emma introduced herself to clinic and clarified current days and hours of operation Tuesdays 7:30 am- 4:00pm subject to change (attached getting to know staff for clarification)
- c. Upcoming events and services
 - i. Alyssa discusses the use of online consent forms.
 - 1. The consent forms are working well online, confidentiality is retained via HIPAA compliant service. Emma states it has been working well for clients and parents.
 - 2. Pauline asks if she can have this link to utilize referrals for counseling and vaccine consents through elementary school. Alyssa states she will send following meeting.

- ii. Alyssa discusses the opportunity to schedule full physicals in clinic with later hours over summer vacation. Physicals would include full head to toe assessments, risk reduction survey, eye, ears, cholesterol, hemoglobin (iron) and urinalysis (if indicated). These sports physicals would be more encompassing to students and more thorough.
- iii. Discussion with staff brought us to brainstorm advertisement ideas, best flyer placement and media timing. Alyssa states that all promotional items are prepared for when dates and times are set in place.
- iv. Emma and Holly discuss the possibility of Yoga at clinic to bring in clients and offer free wellness services.
 - 1. Discussed the possibility of working with counseling to create survey on anxiety and depression and seeing if yoga classes decrease s/s of such diagnoses.
 - 2. Discussed the need for waivers/promos etc.
 - 3. Alyssa states will compile information and take it back to supervision with ads/plan. Ryan states he is on board with Yoga.
- v. Staff meeting presentations were requested for others schools in district to spread awareness to services.
 - 1. Pauline inquires services needed elementary schools (vaccine clinics/flu clinic fall/winter)
- d. Educational/Services utilized- Data Review
 - Alyssa discusses the Medical and Counseling numbers for Q1 and Q2 to clinic. These numbers are from October 1- March 8 of 2023-2024. (attached health center infographics to meeting minutes emailed to attendees and members)
 - 1. Both medical and counseling have shown interest and increased visitation since opening of clinic.
 - 2. Reinforced that these numbers are well rounded based on other clinics in area and established clinics alike.
 - ii. Alyssa discusses the outreach and education portion of infographics and is pleased to see presentations being utilized in schools. Discussion was elaborated to program menu and educator's curriculum.

IV. Open Discussion

- a. Alyssa inquires about how to get more students to participate with CAC meetings
 - Discussion was had to possibly contact NHS students looking for more hours. Staff will connect Alyssa with NHS coordinator to discuss further use.
- b. Alyssa confirms the route for advertisements, ads, both media and flyer based so they may get to all schools, parents, staff, and student.
 - i. All ads will be sent to Ryan/Superintendent and filtered through other posting entities. Postage will be approved as needed and depended on type of flyer.
- c. Alyssa inquiries about incoming 7th graders and the need for possible vaccine clinic closer to school starting.

- i. No return dates have been scheduled as of yet. Will table this until next meeting to discuss possible overlap for parents, staff, community in need/want of vaccines before start of school.
- d. Discussion was brought to attention of naming the clinic.
 - i. Alyssa states we want school staff and students to be involved. Mentioned the possibility of survey monkey approach with blank for ideas and then formulating them into a "March madness" template.
- e. Staff states some more signage on windows or wall outside building would help those find the clinic more easily.
 - i. Alyssa states she will take this to supervision to create window treatments and or outside wall signage to better indicate the clinic's presence.

V. Adjournment

- a. Adjourned at 4:57PM.
- b. Will send minutes to those that attended and those whom initial meeting notice was sent to.
- c. Encouraged to contact staff with additional questions/concerns.

VI. Next meeting

- a. Planned for early spring before school is dismissed for summer. Date to come following these minutes posting.
- b. Zoom option will also be available.